

Nationale Sud Est 2022

Sprint urbain - Vals les Bains

MD - Domaine Nordique de la Chavade

LD - Station de la Croix de Bauzon



Les 1, 2 et 3 Avril 2022 - ARDECHE



BULLETIN 1

November 2021

Welcome to Ardeche!

The Ardeche Orienteering Committee is glad to welcome you to the 2022 South-East National running race, where you will be able to discover the Ardeche plateau scenery.

The Sprint race will take place in a typical village of the Cevennes piedmont.

And for the Middle and Long Distance races, direction the Ardeche mountain and its preserved altitude forests.

The date is set on the 1st, 2nd and 3rd of April 2022,
in the early spring Ardeche sun !

Organizers



With the participation of the Ardèche clubs



RAIDLINK'S 07



Contacts

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Program

Date	Races <i>national and word rankings</i>	Open Races	Map
Friday 1 st April 5:00 pm		Urban Sprint Scale : 1/4000–Equi: 2.5m	Vals les Bains 2022 update
Sat. 2 April 1:00 pm	Nationale MD CN & WRE Scale : 1/10 000, 1/7 500 Equi: 5m	Middle Distance	La Chavade 2021
Sunday 3 April 9:30 am	Nationale LD CN & WRE Scale : 1/15 000, 1/10 000, 1/7 500 Equi: 5m	Long Distance	La Croix de Bauzon 2018, 2021 update

Race information

WRE: - maps in line with IOF regulation, 1/10.000 scale for MD, 1/15.000 scale for LD
- LD races time for H20/21: 90 mn

National races: 1/15 000maps for M/W18, 20 and 21, 1/10 000 or 1/7 500 for the other categories

SI Air system only for the Sprint, possibility to rent SI Air chips from the organization.
SI Standard for the MD and the LD.

Training maps

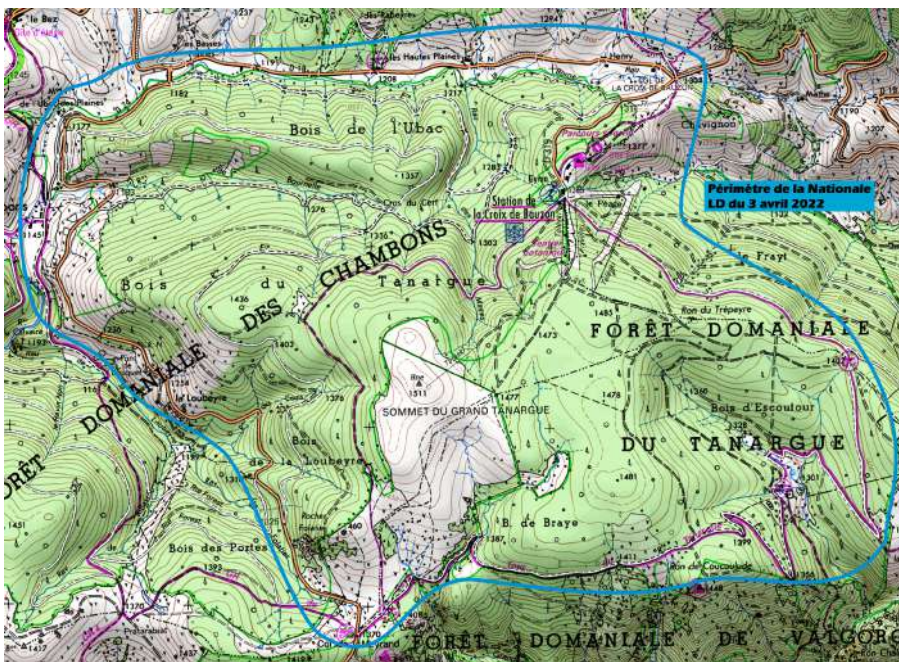
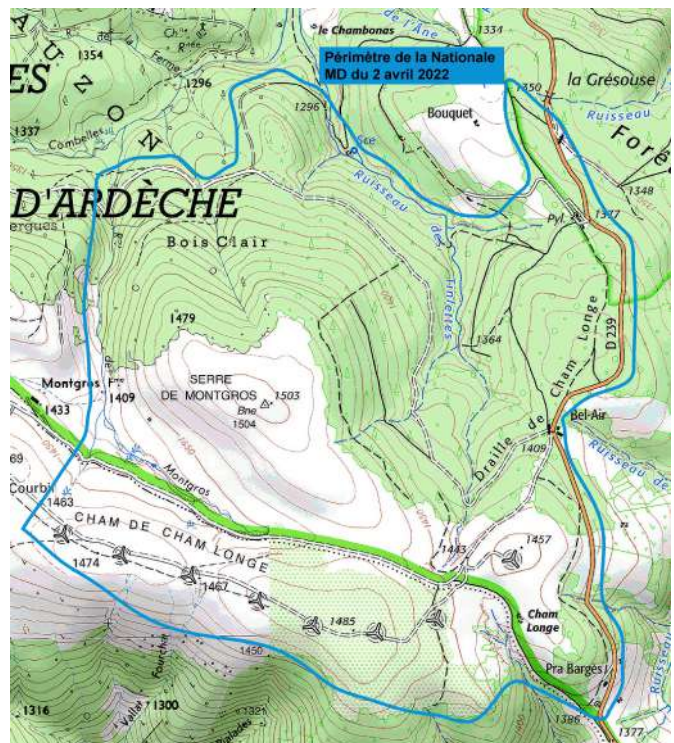
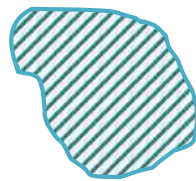
From Thursday 31 March in the morning until Friday 1st April 2:00pm, 2 training maps will be available in the valley, « forest » type maps in Lachapelle sous Aubenas (E1) and Vesseaux (E2).

Restricted areas

SPRINT: Vals les Bains, Altitude: 200 m, South Ardeche village.

MIDDLE DISTANCE:
La Chavade-Bel Air
Nordic skiing resort,
Altitude: 1300 – 1500m,
Altitude forest, beech trees and conifers,
alpine pasture plateau.

Restricted areas
Inside the perimeters



LONG DISTANCE:
La Croix de Bauzon
resort

Altitude forest, beech trees and conifers,
Steep hill, alpine
pasture plateau
Altitude: 1300 – 1500m

Registration to the « Nationale SE 2022 » races

For all races and all FFCO licensed competitors, please register on the FFCO website before 15 March 2022 <http://licences.ffcorientation.fr/inscriptions/>

As the MD and LD races have the WRE label, the 20+ category is open to:

- Foreign competitors in that category,
- Licensed competitors on the elite list,
- qualified FFCO licensed competitors,

by signing up on the website <https://eventor.orientering.org>

Warning : for FFCO licensed competitors concerned, please also sign up on the FFCO website.

Prices and payment

Prices:

		SPRINT 01-04	MD 02-04	LD 03-04
FFCO licensed competitors	MW10/MW14	6,00 €	7,50 €	7,50 €
	MW16/MW18	6,00 €	11,00 €	11,00 €
	MW20 and +	8,00 €	14,50 €	14,50 €
-Not licensed competitors - Foreign competitors	Pass Competition obligatory	Price FFCO + 6,50 €	Price FFCO + 6,50 €	Price FFCO + 6,50 €

Payment: * by bank transfer to the CDCO07 (preferred option)

IBAN: FR76 1390 6001 0885 0052 9086 093 – BIC: AGRIFRPP839

Deadline for payment: 20 March 2022

* by cheque payable to CDCO 07 and sent to

Annie MAJOREL – NSE 2022 - 190 chemin des Brugières – 07150 LAGORCE

Deadline for payment: 20 March 2022 (date as per postmark)

Registration to the Open Races

On the 3 sites, Open Races are open to everyone on the same formats.

SPRINT on 1 April, MIDDLE DISTANCE on 2 April and LONG DISTANCE on 3 April.

Race information, registration and payment details available on the CDCO 07 website.

Location



Access to race sites: only by road, no public transport

MD La Chavade-Bel Air: by RN 102 up to Col de La Chavade then D 239

LD La Croix de Bauzon : by RN 102 and D19 (Jaujac) from Aubenas

Access to Aubenas possible by Bus from the train stations of Avignon, Valence or Montélimar.

Accommodation

Tourist office Ardèche des Sources et Volcans :

<https://www.ardechedessourcesetvolcans.com>

Tourist office Montagne d'Ardeche : <https://www.montagnedardeche.com>

Tourist office Aubenas-Vals-Antraigues : <https://www.aubenas-vals.com>

La Bastide de Jaujac: group accomodation, town hall of Jaujac : labastide@jaujac.fr

Other informations

Foreign competitors shall enquire about the formalities requested to enter the French territory, in particular regarding the COVID 19 pandemy. Entry permits and Informations available on the website: <https://www.diplomatie.gouv.fr/en/coming-to-france>

Meteo and webcams on sites:

La Chavade : <https://www.meteo60.fr/previsions-meteo-france-lanarce.html>
<https://www.chavade.fr/FR/webcam.html>

La Croix de Bauzon : <https://www.meteo60.fr/previsions-meteo-france-loubaresse-ardeche.html>
<https://www.croixdebauzon.com/FR/webcam-bauzon.html>